



From left are chiropractors L.L. Hertenstein, S.G. Brinkley and Andrew Dykeman, owner of Rosewood Chiropractic Clinic. The clinic is celebrating 45 years and will hold a health fair July 28.

Rosewood Chiropractic Clinic celebrating 45 years of service

By **MELISSA MINNIX**
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EAST ALTON – An East Alton institution is celebrating 45 years. Rosewood Chiropractic Clinic, 33 E. Airline Drive, also will hold a health fair Thursday, July 28, offering screenings and information. Rosewood Chiropractic Clinic was designed and built by chiropractor L.L. Hertenstein and opened its doors to patients in 1960. In 1977, Dr. S.G. Brinkley purchased the clinic, continuing the tradition of excellence in chiropractic care for more than 27 years. Brinkley retired in 2004, passing the practice to Dr. Andrew Dykeman. Dykeman graduated from Logan College of Chiropractic in Chesterfield, MO. in 2003 and did an internship for six months at the clinic. “It was quite intimidating at first. Now I’m just proud to do everything that’s been here since 1960. I’m only the third doctor who’s owned the place,” said Dykeman, who still treats patients who started with Hertenstein. Dykeman celebrated the clinic’s 45th anniversary with a reunion lunch with Hertenstein and Brinkley and swapped stories. Dykeman said the biggest change since the clinic opened, according to what Hertenstein has told him, has been in the way services are paid for. “Mostly, they were cash-paying patients. I think there were a lot of cash-paying patients at most physician offices. Now it’s turned into managed health care by a third party,” Dykeman said. He believes the biggest change has been research in the last 45 years that has affirmed what chiropractors already were practicing.

Chiropractors are specialists with the nerves, muscles and bones. “We find the source of the problem of their back pain, neck pain or headache. If it’s something we can’t handle, we always refer out to a specialist,” Dykeman said. “We do a lot of soft tissue work to work the muscles and work on the tendons and ligaments. We use the hands to manually manipulate the bones and any joint in the body. This resets a lot of the muscles and puts everything back in alignment to relieve pressure on the nerve. It allows healing and alleviates the signs and symptoms that you came in with.” “I still run into people nowadays who say they have gone to Hertenstein since he opened the place,” Dykeman said. “They say the quality of care is still there. They are impressed and are still coming back. All three have offered their unique, different, own personalized care.” The second annual health fair and blood drive Thursday, July 28, will have a slew of guests, such as the Madison County Health Department, the American Red Cross, Nautilus Fitness Center, Alton Memorial Hospital and Scrip Chiropractic Supply. The event from 3 to 7 p.m. will feature free pulmonary function testing, blood pressure screening, body composition testing and echocardiograms. The Madison County Health Department will have an information booth on breast and cervical cancer awareness and the American Red Cross will have their Bloodmobile there for anyone who would like to donate blood. All screenings are free. For more information, call Rosewood Chiropractic at 259-2676.